

Long COVID

Common signs of illness in children and adolescents

Prolonged weakness and
exhaustion (“fatigue”)
as well as limited resilience

Memory and
concentration disorders
(so-called “Brain Fog”)

Headache

Sleep disorders

Tasting and
smelling
disorders

Circulatory
problems

Shortness of
breath and
breathlessness

Joint and
muscle pain

Gastrointestinal
complaints
(nausea,
vomiting)

